

## Phoenix Competition Hair & Make-Up

It is very important that the team have uniformity not only in their costumes, but in hair and make-up as well. Competition hair and make-up is required at all events. This includes competitions, recital, basketball games and any other performances. Below is a short 'how to' guide for both hair and make-up.

### Make-up

The only item you will need to provide for make-up is foundation. We do not provide this because we feel it is important that you pick a brand and shade that best fits each dancer. Be sure you are selecting a brand that can stand up to sweat and not stain a costume and also a color that is one shade darker than the dancer's skin tone. Stage lights often make a performer appear more pale than normal so we recommend you select a tone that is a shade darker. You may also want to purchase a brush or sponge to apply the foundation. Your make-up kit includes 3 pairs of eye lashes. The lashes are made to be used more than once, so please take care of them. If you lose or need a fourth pair, you can purchase them from the studio for an additional \$5 per pair.

### Hair

The Phoenix team will be wearing their hair differently for their tap and jazz routines.

For tap we will be wearing our hair half up curly with the bangs pulled back. If we perform our jazz routine first then we will keep our hair in a bun, if tap is performed before jazz then we will wear it curly and down.

For jazz/open dancers will need to have their hair pulled back in a bun with a right side part and bun in the middle of the head.

### **What to Bring to Performances and Competitions- Phoenix**

Below is a list of all costume pieces and other supplies you may need to bring. Ms. Lacey will often have extra of certain supplies like earrings and bobby pins, but we do not have any extra shoes, gloves etc. Please make sure that you and your child pack your supplies together and be sure you have everything you will need. We recommend you purchase a make-up case to keep your small supplies in and then also bring your dance bag for everything else. Costumes should be brought on a hanger (preferably in a bag), never just throw a costume in your bag, they do wrinkle! You can bring a hanging rod to place costumes on if you wish.

#### Jazz

- Green shorts unitard
- Rhinestone hair band
- Black tights
- Jazz make-up
- Earrings
- Clean jazz shoes
- Necklace

#### Tap

- Sequin Dress
- Body tights
- Necklace
- Tap make-up
- Earrings
- Tap shoes
- Necklace

\*Be sure all shows and costume pieces are labeled with your child's name or initials!!!

### **Recommended Supplies**

- lots of bobby pins (try and match your child's hair color)
- hair spray
- hair gel
- extra hair bands (be sure to match your child's hair color)
- safety pins
- mirror
- black tights
- needle and thread
- scissors
- static spray
- extra tights
- extra shoe laces
- kleenex
- band-aids
- team warm up outfit (should be worn upon arrival and during awards)
- shoes to wear before/after
- team shirt and shorts to wear under warm-up before/after routines
- pillow and blanket so you can rest in between routines, it can be a very long day!
- money (there is often concessions and merchandise that can be purchased)
- water bottle
- smiles!