



Competition Dance Rules and Regulations

CLASSES:

Competition team members are required to take one regular class (Dance I-VI) at the studio during the year, in addition to their competition class. Tap and Jazz are required; Ballet/Lyrical is highly recommended in addition to strengthen technique. Attendance is very important and required in all classes.

ATTENDANCE:

Attendance is very important for a competition team. Every person must use their best effort to attend all regular, technique and competition classes. **Members are allowed 3 unexcused absences from their competition class during the year.** Upon the 4th unexcused absence, the member will immediately and unfortunately be dismissed from the team.

Excused: Family event (wedding, funeral), Contagious illness (accompanied by a Dr's note), School functions where a grade is received

Unexcused: Non-contagious illness, Injury, Sports/Extra curricular functions, Homework, Work, Tardies

As a general rule, if they were sick from school, or sent home from school, they should not participate that evening. If they are contagious, they will be excused with a Dr's note. However if they are not contagious, it's a good idea to have them attend and observe so they do not get behind. Tardies will not be tolerated; it is important to be on time. **For every two tardies, you will receive an unexcused absence. If a student is tardy for a performance or competition it will count towards his/her allotment.** All team members must be present at the last practice before a competition or performance. Important information is given at that time, along with any last minute corrections or changes. An unexcused absence the practice before a competition/performance will result in not participating in that competition/performance.

CLASSROOM ATTIRE:

Classroom attire is very important, especially in technique class. The instructors need to be able to see your body to make sure you are doing the movement correctly. **A leotard and tights must be worn in competition classes.** Tights are essential to make sure your shoes fit correctly and if you are sliding on the ground it protects your skin. Leotards help the instructors in viewing your center, to ensure correct posture and contractions while dancing. You may wear baggy cover-ups during warm ups, but will be asked to remove them after stretching is completed. You may wear shorts and a form fitting shirt over your leotard and tights, if you wish. Skirts are also allowed, along with leg warmers. Hair needs to be pulled back out of the face and off the neck, pony tails, buns and braids are best. Jewelry of any kind is not allowed. Proper dance attire can be purchased at the studio, Mark's Dancewear, Elite Dancewear or any other dance supplier. If a member fails to adhere to the classroom attire guidelines, they will not be able to participate in class and it will be counted as an unexcused absence.

COSTUMES:

Members of the competition teams will wear separate costumes for each routine. These costumes will be worn at all competitions throughout the season, in addition to extra performances and the recital. The cost is \$115.00 per costume, which includes the costume and other costume accessories that might be added. Shoes and tights must be purchased through the studio to ensure a uniform appearance on stage (one pair of body tights will be provided to you along with your costumes). Costumes are ordered from professional manufacturers, however some costumes might need adjustments or enhancements and in this case, we would like to be able to call upon parents to contribute their time and effort to working on costumes in order to keep the cost as minimal as possible.

Please note: If the instructor decides that different shoes need to be purchased for a routine (example: black tap shoes or jazz footies) they will be an additional cost that is not included in the original \$115 costume fee. The studio will order all shoes to assure they are the same for uniformity purposes. Both teams will have a new/different style jazz and tap shoe required for the 2011-2012 season.

WARM-UPS:

Dancers may not be seen in costume unless they are on stage. Warm-ups are required and can be purchased for \$115.00 for both the jacket and pants. Warm-ups also protect the costumes from getting spilled on or damaged. Returning members will not need to purchase this, as the same warm-up will be used for several years, so order large.

MAKE-UP & JEWELRY:

All girls are required to wear "stage" make-up to each performance/competition. A unison look is best and when team members have different colors on their faces, it breaks up the continuity of the group and overall look of their performance. Team members are required to purchase a make-up kit from the studio at a cost of \$35.00. Jewelry includes a necklace and earrings (pierced or clip-on) for \$25.00. Only new members are required to purchase these items, as the same make-up and jewelry will be used from last year.

COMPETITIONS:

The Competition Dance team(s) will attend 5 competitions this year in the midwest. We will have one back-up option in case a competition is cancelled, or some other reason beyond our control. We will only attend the back-up competition if one of the scheduled competitions is cancelled (it will not be voted on as an optional additional competition). **All competitions are MANDATORY.** That is the entire purpose of joining the team – to compete. Team members are required to attend group award ceremonies at all competitions. Team members will also be required to attend solo/duet/trio performances at the smaller, local competitions to cheer on their teammates. There will be consequences for any member that does not attend a competition and will be determined at the discretion of the directors.

We are a traveling team. Some competitions can be scheduled for Friday-Sunday of a given weekend. Please clear your **ENTIRE** weekend for the competition. Unfortunately, the competitions will not advise us as to our performances times until a week before each competition. Therefore, it is impossible for us to know when your child will perform – it could be at any time! As soon as we find out the schedule, we will let you know. We will give you a meeting time, performance time, and award ceremony time. It is crucial that you arrive on time, in costume and warm-up with make-up and hair done and ready to go, as some competitions run ahead of schedule.

For some competitions a hotel stay is required. A member of the Superstars staff will reserve a block of rooms at a chosen hotel. Booking and paying for your hotel room will be your responsibility. To enhance team bonding, the entire team will stay at the same hotel.

Scoring dance competitions is point based and subjective. There are usually between 3-5 judges watching the routines and scoring on the categories of technique, entertainment value, performance aspect, costume, music choice, age appropriate, skill appropriate, etc. Once all of the dances have performed for that genre and age group, there are award ceremonies. Every dancer goes up on stage and each dance is awarded a trophy/ribbon based on their score. Your teacher will designate 1-2 dancers to go collect the award and represent the studio. Award ceremonies are mandatory as well.

Please remember at competitions that you are representing the Grimes Superstars. We all need to be on our best behavior at all times. Please act appropriately and show respect for the competition, other dance studios and ourselves. All dancers need to be with their parents or a chaperone until their teacher takes them backstage to prepare to perform. Your teachers will be too busy during the competition to watch over the students.

SOLOS/DUETS/TRIOS:

Competition Dance Team members only may choose to perform a solo/duet/trio if they choose. These entries will have separate fees for choreography, rehearsal time and competition entry fees and must be practiced at a time separate from your normal classes. Solo/Duet/Trios are not guaranteed a spot in the Recital. Sign up sheets will be available after try-outs and all will be choreographed by Mrs. Lorainna.

FUNDRAISER:

Competition team members only will be eligible to participate in a fundraiser in the fall. All profit earned will be credited to each student's individual account. This credit will be deducted from the following month(s)'s automatic payment amount.

ACCOUNTS:

It is essential that all accounts remain in good standing throughout the year so that we can continue to offer this wonderful opportunity to our students. **Those students with a past due balance on their account will not be allowed to audition for any competition team.**

RECITAL:

Members of the team will perform in ALL recitals. In addition members of each competition team at the studio will perform in the Finale. Participating in all shows and finale is a tremendous honor.

SPECIAL PERFORMANCES:

Members of the competition team are the ones who represent the studio to the community. Throughout the year, the Superstars are asked to perform at special events such as parades, community and semi-pro basketball games, Grimes Governor's Days, etc. As a competition member, you are expected to participate in all events.

Our goal is to have fun while working hard and pushing ourselves to the next level. All competition classes and functions should be approached with this theory in mind.

**We reserve the right to alter these rules/guidelines as we see necessary in order to best benefit the studio and team.*

**Grimes Superstars follows the zero tolerance policy regarding drugs and alcohol. Any team member under the influence of these substances will be immediately dismissed from the team. No refunds will be given for paid tuition or previously purchased items.*

REMINDERS . . .

★ Parents: please plan to come in sometime during the week of camp and size your daughter for her warm-up suit (if needed) and NEW style of tap & jazz shoes! Tap shoes (\$59.48) and jazz shoes (\$48.78) must be ordered by every competition dancer through the studio for team uniformity on stage, and be paid for at time of order.

★ Dancers: remember to bring your signed competition contract and a water bottle to camp!

★ Lock-in Info Saturday, August 27th from 6:30pm-9:00am
(Remember to bring your pillow, sleeping bag & \$10 for the lock-in; parent volunteers still needed!)

★ All Competition Team members will be performing in the Dallas Center Fall Festival parade the morning of Saturday, August 27th. More information regarding meeting times and locations to follow.

NEW THIS YEAR . . .

★ **DANCERS GET MORE TECHNIQUE TIME IN THE STUDIO!**

Saturdays 10:00-11:00am (open to competition dancers only!)

Cost is only \$5/class! Punch cards available: 6 weeks for \$25!

Come use studio time to work on your individual stretching, leaps & turns goals!

Please note: no class on Saturdays Mrs. Lorainna has private solo/duet/trio lessons, or the weekends of competitions.



★ **Meet our NEW FUNDRAISING MOM:**

Dawn Ekdorn will be organizing and running fundraisers throughout the year for both the dance and cheer competition teams. These will help raise money for your individual studio accounts and/or team goals.

★ Check our website for copies of competition notes & information sent home. . .

<http://www.grimesuperstars.com/competition.htm>



★ Find us on facebook. . . we will post pictures after competitions and events, and invite you to share your pictures and comments, too. . .

<http://www.facebook.com/pages/Grimes-Superstars/102780899796189>

Grimes Superstars Competition Dance 2011-2012 Required Dates*

(revised 8/7/11)

Dance Camp	Monday–Friday, August 8 th -12 th , 2011 Pyxis 5:00pm-6:30pm Lynx 6:30-8:00pm Phoenix 8:00-9:30pm
2011 Dallas Center Fall Festival Parade & Lock-in	Saturday, August 27 th , 2011
Talent On Parade Master Classes	Sunday, October 23 rd , 2011 Des Moines, IA
Christmas Show	December 17 th , 2011
Dancers Against Cancer Benefit Show	January/February (Date TBD)
DC-GHS BB Halftime Performance	Tuesday, January 24 th , 2012
Competition Pep Rally & Competition #1: Symposium	Des Moines, IA February 3 rd -5 th , 2012
Johnston HS BB Halftime Performance	Friday, February 10 th , 2012 (<i>tentative</i>)
Iowa Energy BB Game Performance	Tuesday, February 21 st , 2012
Competition #2: Starbound	Grimes, IA February 25 th -26 th , 2012
Competition #3: Talent On Parade	Des Moines, IA March 29 th -April 1 st , 2012
Competition #4: Showstopper	Minneapolis, Minnesota April 13 th -15 th , 2012
Picture Day	April 28 th , 2012
Competition #5: VIP Dance	Des Moines, IA May 5 th -6 th , 2012
Staging Rehearsal and Recitals	May 11 th -13 th /18 th -20 th /June 1 st -3 rd
2012 Grimes Governor's Days Practice, Parade and Performance	June 9 th , 2012

*Dates/Events are subject to change. Members of the competition team are the ones who represent the studio to the community. Throughout the year, the Superstars are asked to perform at unexpected special events. As a competition member, you are expected to participate in all events.

Grimes Superstars Competition Dance 2011-2012 Price List

Superstars' student fees such as Registration Fee and Recital Fee also apply. No discounts apply to these classes and they are not considered when figuring Sibling or Additional class discounts.

★ **Tuition:**

- Competition class \$45.00/month
 - Regular class Regular Price
- *Required for all competition teams

★ **Summer Dance Camp /August Tuition:** \$100.00

★ **Talent On Parade Master Classes /June Tuition:** \$100.00

★ **Entry Fees:**

- Team: (\$35/routine x 2 routines) x 5 competitions \$350.00 ÷ 4 months = \$87.50
- Additional/Optional:
 - Solo \$415.00 ÷ 4 months = \$103.75
 - Duet \$250.00 ÷ 4 months = \$62.50
 - Trio \$190.00 ÷ 4 months = \$47.50

★ **Costumes:**

- Tap \$115.00
- Jazz \$115.00
- Regular class Regular Price
- Solo/Duet/Trio \$150.00

★ **Warm-Up Outfit:** \$115.00

*Same as 2010-2011

★ **Merchandise:** \$ _____

- Make-up kit (\$35.00)
*Same as 2010-2011
- Jewelry: necklace (\$15.00) and earrings (\$10.00)
*Same as 2010-2011

★ **Not Included/Pay for at time of order:**

- Shoes and tights must be ordered through the Superstars studio for a uniform appearance (one pair of body tights will be included with your costumes).
- Additional Master Classes sponsored by the Civic Center (optional; \$20.00-\$50.00).
- Team apparel will be available to order during camp (optional; \$20.00-\$30.00).
- Prop fees will be added only if your routine uses a prop (\$10.00-\$20.00).

SOLO/DUET/TRIO 2011-2012 INFORMATION

Any returning member of a Grimes Superstars Competition Dance Team may select to perform a solo/duet/trio piece at competitions and other performances. All choreography will be done by Mrs. Lorainna. All rehearsals are held outside of class time and are scheduled as one hour time slots during FIVE of the seven following Saturdays: September 10th, September 24th, October 8th, October 22nd, (FYI- TOP classes Sunday 23rd) November 5th, November 19th, and December 3rd. Please mark your calendars now! If something unexpected arises on the day of a lesson you can switch with another solo/duet/group or call ahead to reschedule your time slot. If you miss a lesson and did not contact your instructor ahead of time, a \$25 penalty fee will be assessed.

You may participate in as many as 2 solos and 3 duet/trios. A choreography discount may apply if you participate in more than one solo/duet/trio. If you are in more than one piece, we recommend that you allow at least 1 hour in between practices so you have time to rest.

A separate costume will be picked out by the instructor (with your input) at a separate fee of \$150, applied to your student account. This amount will be added to your Costume Deposit in November and your Costume Balance in December and January.

A separate entry fee will apply for each competition. Entry fees can range from \$35.00-\$100.00 depending on the competition and classification. The total entry fees for five competitions will be placed on your student account and added onto your monthly automatic payments under "Competition Entry Fees".

It is the dancer's responsibility to practice on their own time. You may request more lessons, if needed, for an additional fee. The purpose of doing a solo/duet/trio is to push one's self to grow. Each routine must meet the high performance standards of the Grimes Superstars teaching staff before competing. Solos/Duets/Trios may be asked to perform at various other venues, but due to time constraints, are not guaranteed a spot in the Recital. For other performances, all pieces choreographed by Superstars staff must receive permission to be performed at any other competition or performance.

Below is a list of choreography/lesson fees and what they entail. This fee covers the cost of instruction, choreography and use of the studio space; it **DOES NOT** include competition fees or costume fees. Once you have decided to commit to a solo/duet/trio, please fill out and return the attached request form to Mrs. Lorainna (at the studio or by email at lnchoreography@gmail.com) on or before **August 12th** (last day of camp). Forms can be turned in to Mrs. Lorainna as early as **June 25th** (1st Registration) in order to start selecting music.

Solo - \$250

Five (1 hr.) lessons
Add'l lessons: \$10/hr./dancer

Duet - \$210 per dancer

Five (1 hr.) lessons
Add'l lessons: \$10/hr./dancer

Trio - \$225 per dancer

Five (1 hr.) lessons
Add'l lessons: \$10/hr./dancer



SOLO/DUET/TRIO PRACTICE SCHEDULE

Below is the private lesson schedule. You must be able to commit to five of the specific dates listed. This will ensure that all solos/duets/trios have plenty of time to learn their choreography and have ample time to practice on their own. Dancers will receive five lessons, and you can schedule additional lessons later if you wish (for an additional fee of \$10/dancer/hour).

Please sign up for FIVE of these dates at the reception desk:



Saturday, September 10th
Saturday, September 24th
Saturday, October 8th
Saturday, October 22nd
Saturday, November 5th
Saturday, November 19th
Saturday, December 3rd



Each solo/duet/trio will need to sign up for an hour time slot for each day. You can sign up for the same time each Saturday or different times, depending on your schedule. If you are in more than one piece we recommend that you allow at least 1 hour in between pieces so you have time to rest. You can stay at the studio in between lesson for your convenience. If something unexpected arises on the day of a lesson you can switch with another solo/duet/trio or call ahead to reschedule your time slot. If you miss a lesson and did not contact your instructor prior to that day you will have a \$25 penalty fee. Remember that after your five lessons it will be the student's responsibility to practice on their own at home.

Please plan ahead! Once November begins it is extremely difficult to get private lessons scheduled due to the holiday season. Once December arrives, dancers will be expected to perform their routines in class. They may be asked at any time to perform so they must be prepared at all times. In January, Mrs. Lorainna will again schedule practice times and dress rehearsals in preparation for the competitions beginning in February.

If at any time Mrs. Lorainna or Ms. Jenny feels that your solo/duet/trio is not up to competition standards, they reserve the right to pull you from a competition. In this event, no refunds will be given for your competition or choreography fees.

**SOLO/DUET/TRIO
COMPETITION CHOREOGRAPHY REQUEST FORM
(due AUGUST 12th)**

Name _____

★ **Choreography/Lesson fee (to be paid directly to instructor on/before the first lesson):** please circle one

Solo (\$250.00)

Duet (\$210.00/dancer)

Trio (\$225.00/dancer)

If you choose to participate in more than one solo/duet/trio, please fill out a separate form for each dance. Dancers are limited to 2 solos and 3 duet/trios per year.

Please list the other members for your group: _____
(each participant needs to fill out a separate form and anyone performing more than one piece needs to fill out a separate form for each dance)

Genre: *Please Note: If you are selecting to perform a solo/duet/trio you must be enrolled in a technique class of the same genre. For example, if you wish to do a hip hop routine, you must be enrolled in a hip hop class, if you wish to perform a ballet/lyrical routine you must be enrolled in a ballet class, and if you wish to have tumbling skills in your solo (limit of 2 skills) you must be enrolled in a tumbling class.*

Select ONE: Jazz Tap Ballet/Lyrical Hip Hop Other
 Musical Show Contemporary Character Open

Music Request(s) _____

- Please note that you can make requests, but Mrs. Lorainna has the final say in the music selection.
- You do not have to select your music, your instructor can provide you with a few choices if you need assistance.

★ **Costume:** \$150.00/\$40.00 Deposit added onto November's auto payment

\$55.00 Balance added onto both December & January's auto payment

- Mrs. Lorainna will ask for your suggestions on costumes to make sure you are comfortable in what you wear, but Mrs. Lorainna and Ms. Jenny have the final approval in all costume choices. All costumes must be purchased from the studio or with prior approval from the studio. If a costume is purchased outside the studio you will still be charged the \$150 costume fee.

★ **Entry Fees:** for five competitions will be added onto Competition Entry Fees auto payments

Solo= \$415.00

Duet = \$250.00

Trio = \$190.00

I understand that it is my responsibility to practice my solo/duet/trio on my own. I understand that the Choreography/Lesson Fee is to be paid directly to the instructor on or before the first lesson. I authorize the above additional charges (Costume & Entry Fees) to be added to my automatic monthly payment or yearly amount due.

Performers Signature _____

Parent/Guardian Signature _____