

★ Grimes Superstars Competition Cheerleading ★

November 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Hydra 6:10-7:40 Orion 7:40-9:30	2 <i>Open Gym</i> 7:00-8:00	3 Hydra Practice 7:20-8:25 Orion Practice 9:00-9:30	4	5 <i>Comp. Cheer Tumbling</i> 9:30-10:30am
6	7	8 Hydra 6:10-7:40 Orion 7:40-9:30	9 <i>Open Gym</i> 7:00-8:00	10 Hydra Practice 7:20-8:25 Orion Practice 9:00-9:30	11 Dress Rehearsal @ Farrell's on 141 Practice 6:30-7:30 Performance 7:30	12 <i>No Comp. Cheer Tumbling</i>
13 Competition #1 Winterfest (Des Moines)	14	15 Hydra 6:10-7:40 Orion 7:40-9:30	16 <i>Open Gym</i> 7:00-8:00	17 Pink Tumbling 7:20-7:50 Black Tumbling 7:55-8:25 White Tumbling 9:00-9:30	18	19 <i>Comp. Cheer Tumbling</i> 9:30-10:30am
20	21	22 Hydra 6:10-7:40 Orion 7:40-9:30	23 THANKSGIVING	24 BREAK	25 STUDIO	26 CLOSED
27	28	29 Hydra 6:10-7:40 Orion 7:40-9:30	30 <i>Open Gym</i> 7:00-8:00			

December 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Pink Tumbling 7:20-7:50 Black Tumbling 7:55-8:25 White Tumbling 9:00-9:30	2	3 <i>Comp. Cheer Tumbling</i> 9:30-10:30am
4	5	6 Hydra 6:10-7:40 Orion 7:40-9:30	7 <i>Open Gym</i> 7:00-8:00	8 Pink Tumbling 7:20-7:50 Black Tumbling 7:55-8:25 White Tumbling 9:00-9:30	9	10 <i>No Comp. Cheer Tumbling</i> Competition #2 Hawkeye Championship (Des Moines)
11	12	13 Hydra 6:10-7:40 Orion 7:40-9:30	14 <i>Open Gym</i> 7:00-8:00	15 Pink Tumbling 7:20-7:50 Black Tumbling 7:55-8:25 White Tumbling 9:00-9:30	16	17 <i>No Comp. Cheer Tumbling</i> Superstars Christmas Show (Dallas Center) <u>Mat Movers:</u> Jermier, Schmidt, Smith
18	19 -	20 CHRISTMAS	21 BREAK	22 STUDIO	23 CLOSED	24 -
25	26 -	27 CHRISTMAS	28 BREAK	29 STUDIO	30 CLOSED	31 -

★ Grimes Superstars Competition Cheerleading ★

January 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 CLASSES RESUME!	3 Hydra 6:10-7:40 Orion 7:40-9:30	4 Open Gym 7:00-8:00	5 Pink Tumbling 7:20-7:50 Black Tumbling 7:55-8:25 White Tumbling 9:00-9:30	6	7 Comp. Cheer Tumbling 9:30-10:30am
8	9	10 NO PRACTICE! Drake Performance Mat Movers: Davis, Johnson, Ryan	11 Open Gym 7:00-8:00	12 Pink Tumbling 7:20-7:50 Black Tumbling 7:55-8:25 White Tumbling 9:00-9:30	13	14 Comp. Cheer Tumbling 9:30-10:30am
15	16	17 Hydra 6:10-7:40 Orion 7:40-9:30	18 Open Gym 7:00-8:00	19 Pink Tumbling 7:20-7:50 Black Tumbling 7:55-8:25 White Tumbling 9:00-9:30	20	21 No Comp. Cheer Tumbling Team Practice at MN Hotel
22 Competition #3 UCA Spirit of America (Minneapolis, MN)	23	24 NO PRACTICE! DC-GHS Performance Mat Movers: Jermier, Schmidt, Smith	25 Open Gym 7:00-8:00	26 Pink Tumbling 7:20-7:50 Black Tumbling 7:55-8:25 White Tumbling 9:00-9:30	27	28 Comp. Cheer Tumbling 9:30-10:30am
29	30	31 Hydra 6:10-7:40 Orion 7:40-9:30				

February 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Open Gym 7:00-8:00	2 Pink Tumbling 7:20-7:50 Black Tumbling 7:55-8:25 White Tumbling 9:00-9:30	3	4 No Comp. Cheer Tumbling Competition #4 JamFest: The Wacky Jam (Omaha, NE)
5	6	7 Hydra 6:10-7:40 Orion 7:40-9:30	8 Open Gym 7:00-8:00	9 Pink Tumbling 7:20-7:50 Black Tumbling 7:55-8:25 White Tumbling 9:00-9:30	10 Johnston HS Performance Mat Movers: Davis, Krone, Shaffer	11 No Comp. Cheer Tumbling Competition #5 Rolling Praire Challenge (Des Moines)
12	13	14 Hydra 6:10-7:40 Orion 7:40-9:30	15 Open Gym 7:00-8:00	16 Pink Tumbling 7:20-7:50 Black Tumbling 7:55-8:25 White Tumbling 9:00-9:30	17	18 Comp. Cheer Tumbling 9:30-10:30am
19	20	21 NO PRACTICE Iowa Energy Performance Mat Movers: Davis, Ekdorn, Ryan	22 Open Gym 7:00-8:00	23 Pink Tumbling 7:20-7:50 Black Tumbling 7:55-8:25 White Tumbling 9:00-9:30	24	25 Comp. Cheer Tumbling 9:30-10:30am
26	27	28 Hydra 6:10-7:40 Orion 7:40-9:30	29 Open Gym 7:00-8:00			