



Dress Rehearsal is THIS Friday, November 11th from 6:30-8:00pm at **Farrell's Extreme Body Shaping gym on HWY-141.**

This is a Dress Rehearsal, please come in your uniform, with hair and make-up done. Reminder: no nail polish or jewelry of any kind. Please wear your warm-up and have your cheer shoes with you. Uniform pieces check list:

- ★ Uniform top & skirt
- ★ Hair Bow
- ★ Hairpiece with bobby pins and hairspray (please check NEW hairpieces!)
- ★ No-Show socks
- ★ Shoes with pink inserts
- ★ Make-up Kit (plus mascara) with sticker star on left cheek

Although we love our new, bigger studio with higher ceilings, it is not the same size as a regulation competition cheer floor. Farrell's Extreme Body Shaping gym on HWY-141 has graciously offered their gym for us to practice before our first competition. With a larger space, the girls will be able to focus more on their formations. Farrell's is located at: 5601 Gateway Drive, Suite 300, south of the Superstars studio on HWY-141.

Each team will take turns running through their routines several times beginning at 6:30. At 7:30 parents will be invited to watch both teams perform their routines for their audience. Please come watch and cheer the girls on. You can bring your camera and video cameras if you'd like, and please bring your cheering voices! We would really like this to be a fun pre-competition event for the girls. We think this will be a great way to make sure the girls are excited and ready to perform!

Immediately following the 7:30 performance, the coaches will take time to review the competition information and answer ANY questions you may have about costumes, hair, make-up, competition rules, times, etc!!!! We will also have car window paint to decorate cars for our first competition!

More information on the back!

2011 Winterfest Cheer Competition
NEW VENUE!!!! Polk County Convention Center NEW VENUE!!!!!!
501 Grand Avenue, downtown Des Moines

Doors will open for seating at 9:30 for participants and spectators. The competition will begin at 11:00 am with announcements and the National Anthem.

Each team will gather in the lobby at 11:30 sharp! At that time you will need to be in uniform with hair and make up already done. You should have your warm up on over your uniform and cheer shoes on. The coaches will take the team to register and store their belongings. Parents are not allowed in the storage or warm up areas. Anything the girls bring to that area will not be locked or guarded so please do not send valuables with them; keep them yourself. We will stay together as a team until AFTER BOTH TEAMS PERFORM.

We would like all Superstars cheerleaders to be there to support each other. Both teams will meet at **11:30 in the lobby**. Look for Ms. Kate and Ms. Aimee.

	<u>Meeting Time</u>	<u>Warm-Up Time</u>	<u>Performance Time</u>
Hydra	11:30 Sharp!	1:10	1:30
Orion	11:30 Sharp!	2:10	2:30

**Please note: these times could change due to last minute drops and/or registrations.
We will forward any changes as we receive them.*

Hydra will perform during session 1, and Orion will perform during session 2. Session 1 awards will take place at 1:45. Session 2 awards will take place at 4:30. After session 1 awards Hydra will stay with Ms. Jenny to watch Orion perform at 2:30. After Orion performs BOTH squads will be released to parents until Session 2 awards at 4:30. Due to the tight schedule we will wait to take team photos until after session 2 awards.

During awards squad members must be in **full uniform** and sit with the team on the mats. Per the competition rules: parents and spectators are not allowed onto the floor. After session 2 awards the teams will gather their belongings and we will take team photos. After team photos you are free to leave.

Spectator Fees: Admission prices for spectators are: \$8 for adults, \$5 for 18 and under, and FREE for 3 and under. Performers free. Merchandise will be sold at this event.

Please let us know if you have any questions- Thanks so much for all of your support!

Ms. Kate (cell: 208-5827)
Ms. Aimee (cell: 745-4664)

More information on the back!